Compost Crop Applications

	Legume - fixes N	Tolerates poor drainage	Germinates in cool soil	Cold Hardy - to 25° F	Drought tolerant	Good for heavy soils	Plant: **S**pring, **F**all, **E**ither *	Competes with weeds	Good for erosion control	Quick growth	Low growing - under 12"	Medium - 13 to 36"	Tall - over 36"	Invasive	Oz. per 1,000 sq. ft. Bio **
Alfalfa	●		●	●	●	●	S						●		0.85
Buckwheat						●	S	●		●		●			26.0
Barley			●	●	●	●	E		●	●		●			24.0
Beans, Moth	●				●	●	S	●		●	●				9.5
Cardoon					●	●	E						●	●	0.4
Clover, Alsike	●	●		●		●	E		●			●			5.5
Clover, Berseem	●	●	●	●	◑	●	E		●	●		●			1.5
Clover, Crimson	●			●			E	●	●	●		●			6.0
Clover, Red	●		●	●		●	E	●	●			●			0.8
Clover, Subterranean	●		●	●	●	●	E	●	●	◑		●			5.7
Clover, Sweet White Blossom	●		●	●	●	●	E	●	●				●		0.3
Clover, White	●	●	●	●		●	E	●	●		●				0.3
Fava, Banner	●			●			F	●					●		172.0
Mustard, Agricultural		●	●	●		●	E	●	●	●			●		8.5
Oats			●				E	●	●	●		●			12.5
Pea, Austrian Field	●		●	●	◑	●	F	●	●	●		●			31.0
Radish, Fodder			●	●	●	●	E			●		●			15.0
Rye, Cereal		●	●	●	●	●	F	●	●	●			●		24.0
Crownvetch	●		●	●	●	●	S	●	●			●			1.4
Vetch, Hairy	●		●	●	●	●	F	●	●			●			55.0
Vetch, Wooly (Lana)	●			●	●	●	F	●	●			●			55.0
Wheat			●	●	●	●	E	●	●	◑		●			24.0
Sunflower					●		S						●		7.6
Sorghum					●	●	S	●	●	●			●		6.6
Corn					●		S			●			●		9.0
Phacelia tanacetifolia				●	●		E	●		●		●			0.5
Tyfon			●	●	●	●	E			●	●				5.0

* Plant: Fall planting may not survive in cold climates.

**Planting rate for GROW BIOINTENSIVE® spacings.

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