

## TOP REGIONAL COVER CROP SPECIES

Bioregion	N Source	Soil Builder	Erosion Fighter	Subsoil Loosener	Weed Fighter	Pest Fighter
<b>Northeast</b>	red cl, hairy v, berseem, swt cl	swt cl, rye	rye, sub cl, oats	swt cl, forad	rye, buckwheat	rye
<b>Mid-Atlantic</b>	hairy v, red cl, berseem, crim cl	rye, swt cl,	sub cl, cowpeas, rye	swt cl, forad	rye, oats, buckwheat	rye
<b>Mid-South</b>	hairy v, sub cl, berseem, crim cl	rye, sub cl,	sub cl, cowpeas, rye	swt cl	buckwheat, sub cl, rye	rye
<b>Southeast Uplands</b>	hairy v, red cl, berseem, crim cl	rye, swt cl	sub cl, cowpeas, rye	swt cl	buckwheat, sub cl, rye	rye
<b>Southeast Lowlands</b>	winter peas, sub cl, hairy v, berseem, crim cl	rye, sub cl	sub cl, cowpeas, rye, orghyb		berseem, rye, wheat, cowpeas, oats, ryegrass	rye
<b>Great Lakes</b>	hairy v, red cl, berseem, crim cl	rye, swt cl	oats, rye, ryegrass	swt cl, forad	berseem, rye, buckwht,oats	rye
<b>Midwest Corn Belt</b>	hairy v, red cl, berseem, crim cl	rye, barley, swt cl	wht cl, rye, barley	swt cl, forad	rye, wheat, buckwht,oats	rye
<b>Northern Plains</b>	hairy v, swt cl,	rye, barley, swt cl	rye, barley	swt cl	rye, barley	rye
<b>Southern Plains</b>	winter peas, hairy v	rye, barley,	rye, barley	swt cl	rye, barley	rye
<b>Inland Northwest</b>	winter peas, hairy v	swt cl, rye, barley	rye, barley	swt cl	rye,wheat, barley	rye, mustards,
<b>Northwest Maritime</b>	berseem, sub cl, lana v, crim cl	rye, lana v	wht cl, rye, barley	swt cl	lana v,oats, wht cl	rye, mustards
<b>Coastal California</b>	berseem, sub cl, lana v,	rye, lana v	wht cl, cowpeas, rye,	swt cl	rye, berseem, wht cl	crim cl, rye
<b>Calif. Central Valley</b>	winter peas, lana v, sub cl,	sub cl	wht cl, barley, rye,	swt cl	wht cl, rye, lana v	crim cl, rye
<b>Southwest</b>	sub cl	sub cl, barley	barley,		barley	

**buckwht**=buckwheat. **berseem**=berseem clover. **crim cl**=crimson clover. **forad**=forage radish. **hairy v**=hairy vetch.

**lana v**=LANA woollypod vetch. **red cl**=red clover. **sub cl**=subterranean clover. **swt cl**=sweetclover. **wht cl**=white clover.

**winter peas**=Austrian winter pea.

Based on: Managing Cover Crops Profitably, 3<sup>rd</sup> edition, p. 68

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For complete chart see:

<http://www.sare.org/publications/covercrops/covercrops.pdf>